



Pioneer Archers Inc.

Title:	Policy & Procedures Manual		
Subject:	Healthy and safe sporting environment		
Responsibility:	Committee of Management		
Author:	President		
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Healthy and safe sporting environment

Policy and Procedures Manual – 406

The good health of all participants is always the first priority and we believe that the key to preventing and reducing risk associated with drugs in sport and exposure to environmental hazards, is to have a coordinated plan that involves education of participants and implementation of appropriate procedures

406 Healthy and safe sporting environment

Pioneer Archers Inc. recognises the need to ensure that all participants are educated about tobacco, alcohol, medications and other drugs, in order to prevent or reduce potential harm.

As an outdoor sporting activity Pioneer Archers recognise the need to protect and educate members about the risk of skin damage from prolonged exposure to Ultraviolet rays

The good health of all participants is always the first priority and we believe that the key to preventing and reducing risk associated with drugs in sport and exposure to environmental hazards, is to have a coordinated plan that involves education of participants and implementation of appropriate procedures.

a) Smoking

- i. Pioneer Archers recognises that smoking and passive smoking are hazardous to health.
 - a. We will ensure all areas of the club and all club functions are smoke free.
 - b. We prominently display non-smoking signage.

b) Alcohol

- i. Pioneer Archers does not support the consumption of alcohol at any of its archery venues.
- ii. Pioneer Archers promotes moderate alcohol consumption at all events that are supported and held external to the club grounds and will ensure compliance with;
 - a. Not allowing alcohol to be supplied to intoxicated persons.
 - b. Not allowing the sale or supply of alcohol to people under the age of 18.
 - c. Ensure that alcohol is served in a responsible manner.
 - d. Ensure that food, water and non- or low-alcohol alternatives are available.

c) Other Drugs

- i. Pioneer Archers discourages the use of medications in respect of injury/recovery that would enable a participant to compete where they would not otherwise have been able.
- ii. The use of illicit drugs and performance enhancing drugs is not permitted by any Club members, and we support and adopt Archery Australia Policy #1009 – Anti-Doping Policy

d) Sun Protection

- i. Pioneer Archers will take all reasonable steps, where possible, to address sun safe practices.

- a. We make maximum usage of existing shade facilities.
- b. We follow the Cancer Council Western Australia guidelines for Sun Smart clothing, use of sunscreen and wearing of hats.

e) Sport Safety

- i. Pioneer Archers will encourage all members to adopt practices that seek to prevent injury.
 - a. We encourage warm-up, stretching and cool-down as an important component of participation and training.
 - b. We promote the use of sports specific protective equipment.
 - c. We provide a safe shooting environment and first aid equipment.
 - d. We ensure adequate public liability and participant insurance of all members.
 - e. We encourage all participants with a prior or current injury to seek professional advice from a sports medicine professional and be fully rehabilitated before returning to play.
- ii. Adult archers, coaches and club members are expected to set appropriate examples and act as role models for junior club members. The club will make information available to club members and families to promote healthy lifestyles.

f) Breaches

- i. Breaches of the policy will be addressed through the Committee of Management.

Anyone wishing to discuss any aspect of this policy is invited to contact any members of the committee.

Notes

This is a compilation table of Policy 406 and includes the amendments made to the document by the Committee of Management. This table does not form part of the document.

Compilation table

Date	Version	Clauses Amended	Details and Comments
10/08/2013	1.0	All	New Policy